



TRAINING PROSPECTUS



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Foundation Dermal Fillers

Course Overview

This training gives you the knowledge and practical skill required to perform dermal filler treatment in the lower facial area, including the lips.

There are three stages:

1. You will complete online training from the comfort of your home or workplace, covering a range of modules crucial to giving you the best understanding of the subject, including the anatomy and physiology of the face and skin.
2. Following completion, there will be a face to face online theory training with an expert practitioner which further underpins your knowledge and understanding.
3. Finally, you will attend two practical training sessions to learn the technical skills of administering dermal fillers by observing demonstrations and administering dermal fillers on live models overseen by your expert tutor.

Successful completion of these three stages, including the practical training sessions will result in certification.

Course Duration and Cost

36 hours pre-study with 6 hours guided online learning (via video link with a tutor) and 2 practical days.

Course Cost £3,500.00 (alternatively £1,200.00 per stage).

Course Components

Theory

- Anatomy and physiology of the skin and lower face and effects of atrophy on the signs of ageing.
- Hyaluronic acid (HA)
- Product knowledge
- Danger Zones
- Complications
- Pre- and post-treatment procedures
- Client consultation protocols (medical history, identifying 'At-Risk' clients, informed consent, photographs, paperwork)
- Managing client expectations and complaints procedure
- Treatment areas and injection techniques
- Pain management protocols
- Hygiene, sharps disposal and legal requirements

Practical Components

- Live demonstrations
- Live models

Treatment Areas

- Lip Volumisation
- Vermillion Border

- Cupids Bow
- Oral Commissures
- Philtrum
- Nasolabial folds
- Marionettes
- Fine lines and wrinkles

Entry Requirements

Nurses, Doctors, Pharmacists, Dental Nurses, Podiatrist, Radiologists, Paramedic, Occupational Therapist, Level 3 Beauty Therapist or equivalent qualification, SPMU Artists with 6 months + experience.

Foundation Anti-Wrinkle

This training provides all the knowledge and practical skills required to perform anti-wrinkle treatments.

There are three stages:

1. You will complete online training from the comfort of your home or workplace, covering a range of modules crucial to giving you the best understanding of the subject, including the anatomy and physiology of the face and skin. Learn how to correctly assess the muscle groups and form individual treatment plans, adjusting the toxin to suit both feminine and masculine client.
2. Following completion, there will be a face to face online theory training with an expert practitioner which further underpins your knowledge and understanding.
3. Finally, you will attend a practical training session to learn the technical skills of administering anti-wrinkle injections by observing demonstrations and administering anti-wrinkle treatments on live models overseen by your expert tutor.

Successful completion of these three stages, including the practical training session will result in certification.

Course Duration and Cost

36 hours pre-study with 5 hours guided online learning (done via video link with a tutor) and 1 practical day.

Course Cost £3,500.00 (alternatively £1,200.00 per stage).

Course Components

Theory

- The Law
- Mechanism of Action
- The anatomical structure of the skin
- Muscles of the face
- Product knowledge
- Potential complications and undesirable side effects
- Treatment areas
- Pre- and post-treatment procedures
- Client consultation protocols (medical history, identifying "AT Risk" clients, informed consent, photographs, paperwork)
- Managing client expectations and complaints procedure
- Treatment areas and injection techniques
- Pain management protocols
- Hygiene, sharps disposal and legal requirements

Practical Components

- Live demonstrations
- Live models

Treatment Areas

- Forehead

- Frown Lines
- Crow's feet

Entry Requirements

Nurses, Doctors, Pharmacists, Dental Nurses, Podiatrist, Radiologists, Paramedic, Occupational Therapist, Level 3 Beauty Therapist or equivalent qualification, SPMU Artists with 6 months + experience.

You must have a healthcare prescriber in place to prescribe the toxin as it is a POM. ACPB can provide this, and we urge all students to join after completion of this course.

www.acpb.co.uk/registration

Advanced Anti-Wrinkle

Course Overview

Become the expert practitioner with this advanced course, which provides you with the knowledge and practical skills required to perform advanced anti-wrinkle treatments, including the areas below. There are three stages:

1. You will complete the online training from your home or workplace, teaching the underpinning knowledge required to perform these advanced techniques.
2. Following completion, you will then have face-to-face online theory training with an expert practitioner to further underpin your knowledge.
3. Finally, you will attend the practical training, where you will observe practical demonstrations and administer treatment on live models overseen by your expert tutor.

Successful completion of these three stages, including the practical training session will result in certification.

Course Duration and Cost

21 hours pre-study with 4 hours guided online learning (done via video link with a tutor) and 1 practical day.

Course Cost £1,500.00 (alternatively £600.00 per stage).

Course Components

Theory

- Facial Muscles
- Muscle names, groups and types
- Branching nerves of the face
- Aftercare
- Managing expectations
- Client protocol (medical history and informed client consent)
- Hygiene, sharps disposal and legal aspects

Practical

- Injection technique
- Live demonstrations
- Live models

Treatment

- Brow lift
- Bunny Lines
- Lip Lines
- Smile Lift
- Gummy Smile
- Chin Dimpling
- Masseters
- Nefertiti neck lift
- Teeth Grinding
- Hyperhidrosis

Entry Requirements

Completion of the 'Foundation Anti-Wrinkle' course

Advanced Dermal Fillers Cheek, Jaw & Chin

Course Overview

This course teaches the latest treatments and techniques for creating sleek, sculpted and contoured jawlines, cheeks and chin a must-have to meet your client's needs.

There are three stages:

1. You will complete the online training from your home or workplace, teaching the underpinning knowledge required to perform these advanced techniques.
2. Following completion, you will then have face-to-face online theory training with an expert practitioner to further underpin your knowledge.
3. Finally, you will attend the practical training, where you will observe practical demonstrations and administer treatment on live models overseen by your expert tutor.

Successful completion of these three stages, including the practical training session will result in certification.

Course Duration and Cost

21 hours pre-study with 4 hours guided online learning (done via video link with a tutor) and 1 day practical.

Course Cost: £1,500.00 (alternatively £600.00 per stage).

Course Components

Theory

- The ageing process and facial proportions
- Client suitability and consultation process
- Treatment areas
- Product knowledge
- Filler Depth
- Managing expectations
- Use of cannula and injection technique
- Complications
- Hygiene, sharp disposal and legal aspects

Practical

- Injection techniques
- Live demonstrations
- Live Models

Treatment Areas

- Cheeks
- Jaw
- Chin

Entry Requirements

Completion of the 'Foundation Dermal Fillers' course.

Lidocaine Infusion

Course Overview

Some clients prefer a little extra pain relief during lip filler treatments, and a dental infusion is a perfect solution for keeping clients comfortable throughout the procedure.

Course Duration and Cost

1 hour of online learning (via video link with an experienced tutor) and 4 hours of practical

Course cost: £600.00

Successful completion of all stages, including the practical training session, will result in certification.

Course Components

Theory

- Structure of Lidocaine
- Suitability for Lidocaine
- Nerves
- Side Effects
- Client Consultation
- Consent Forms
- Aftercare
- Managing Expectations
- Hygiene, Sharpe's disposal and legal aspects

Practical Components

- Injection Techniques
- Live demonstrations
- Live models

Entry Requirements

Successful completion of the 'Foundation Dermal Filler' course.

Hyaluronidase Injectable

Course Overview

The course is an absolute must for anyone training in dermal filler injections. Hyaluronidase is the only known substance able to dissolve hyaluronic acid fillers in the event of vascular occlusion or adverse side effects.

Please note: Hyaluronidase is a prescription-only medication and will require clinical oversight to prescribe this to your client.

Course Duration and Cost

8-hour pre-study with 1 hour guided online learning (via video link with a tutor)

Course Cost: £350.00

Successful completion of all stages will result in certification.

Course Components

Theory

- Hyaluronidase use
- Dilution and mixing
- Side effects
- Patch Test
- Consent form
- Non- responding fillers
- Case studies
- Aftercare
- Client Consultation
- Managing expectations
- Hygiene, sharp disposal and legal aspects
- Injection technique

Entry Requirements

Successful completion of the 'Foundation Dermal Filler' course.

PROFHILO® Injectables

Course Overview

PROFHILO® counteracts skin laxity by remodelling elastin fibres and collagen in the skin's dermal layer, improving skin firmness, texture, tone whilst reducing fine lines wrinkles.

This treatment will teach you the 5-point BAP technique using PROFHILO®, an innovative and revolutionary product for tissue bio-remodelling.

Course Duration

16 hours pre-study with 1 hour guided online learning (via video link) and 2 hours practical

Course cost: £600.00

Successful completion of all stages will result in certification.

Course Components

Theory

- Hyaluronic acid
- NAHYCO® technology
- Why is hybrid better
- Mode of action
- Bio-remodelling and patient benefit
- Treatment protocol
- 5-point BAP Technique
- Hygiene, Share disposal and legal aspects

Practical

- Injection technique
- Live demonstrations
- Live models

Entry Requirements

Successful completion of the Advanced Dermal Filler course.

Micro needling

Course Overview

Micro needling is a popular rejuvenation treatment within the aesthetic industry. A device is used to cause a controlled puncture to the skin, encouraging cell regrowth and stimulating new collagen production, the perfect treatment for fine lines, wrinkles, discolouration, age spots, acne scarring and stretch marks.

Please note: Students without prior experience will be taught with 1.0mm microneedles, and students with a level 3 or equivalent will be taught with 1.5mm microneedles.

Course Duration

8 hours pre-study with 2 hours online guided learning (via video link) 2 hours practical

Course Cost: £600.00

Successful completion of all stages will result in certification.

Course Components

Theory

- Skin structure
- Equipment and stock list
- Treatment benefits
- Treatment areas
- Risks and side effects
- Contra-indications
- Complications
- Aftercare
- Client suitability
- Consultation
- Expected results
- Preparation
- Managing expectations
- Hygiene, sharps disposal and legal obligations

Practical

- Roller and stamp techniques
- Live demonstrations
- Models

Entry Requirements

No prerequisites

Vitamin B12 injections

Course Overview

Vitamin B12 boosts well-being whilst keeping the bodies nerves and blood cells healthy.

Course Duration and Cost

16 hours of pre-study with 1 hour online guided learning (via video link) 2 hours practical

Course cost £600.00

Successful completion of all stages will result in certification.

Course Components

Theory

- Treatment area
- How vitamin B12 works
- Advantages of treatment
- Risks and side effects
- Client suitability and consultation
- Managing expectations
- Injection technique
- Aftercare
- Hygiene, sharps, disposal and legal aspects

Practical

- Injection technique
- Live demonstration
- Live model

Entry Requirements

Check with your insurance

PDO Threads

Course Overview

PDO threads give a non-surgical lifting and tightening effect, with instant results. Over time the PDO threads stimulate the production of skin-boosting collagen and elastic, leading to continuous improvement.

Course Duration and cost

1 day in house training

Course Components

- How PDO threads work
- Treatment areas
- Layers of the face
- Types of threads
- Advantages of treatment
- Risks and side effects
- Clients suitability
- Consultation
- Needle insertion techniques
- Insertion patterns
- Place of facial muscles
- Aftercare
- Hygiene, sharps disposal and legal aspects

Practical

- Injection techniques
- Live demonstrations
- Models

Entry Requirements

Aesthetic Practitioners

Beginner Semi-Permanent Eyebrow Training

Course Overview

Learn to create beautiful 3D hair stroke eyebrows using the latest digital technology. This course is taught by our 1st place UK Award Winning Artist Adela Parkes.

Course Duration and Cost

21 hours pre-study with 6 hours guided online study (via video link) and 3 days practical and competency case studies.

Course costs: £3,995.00 (starter kit included) Payment in stages subject to agreement.

Successful completion of all stages will result in certification.

Course Components

Theory

- Anatomy and physiology: The skin and face, lymph system, immune system
- Health, Safety, hygiene
- Law, regulations, licensing, sterilisation, disinfection, sharp disposal
- Consultation
- Managing expectation
- Contraindications
- Record keeping
- Patch testing
- Anaesthetics
- Aftercare and legality
- Equipment
- Colour theory
- Fitzpatrick scale
- Skin type
- Symmetry
- Marketing

Practical

- Live demonstrations
- Live models
- 6 case studies (performed in your environment)

Entry Requirements

No Prerequisite

SPMU Beginner Eyeliner Training

Course Overview

Eyelash enhancement is the perfect add on service for those trained in semi-permanent eyebrows; once clients have experienced semi-permanent make-up; they never want to go back!

Course Duration and cost

4 hours of online guided learning (via video link) and 1 day of practical and competency case studies required.

Course Cost: £1,500.00 (1 x free eyeliner pigment) (alternatively £600.00 per stage).

Successful completion of all stages will result in certification.

Course Components

Theory

- Anatomy of the eye
- Colour pigments
- Needle selections
- Trolley Preparation
- Stretch
- Consultation
- Managing expectations
- Paperwork and legal requirements
- Photographs
- Contraindications
- Anaesthetic and regulation
- Aftercare

Practical

- Live demonstration
- Model
- 3 case studies (completed in your environment)

Entry Requirements

Successful completion of the 'Beginner semi-permanent eyebrow training' course.

Beginner Semi-permanent - Lip Tattooing

Course Overview

Lip tattooing is a popular treatment for naturally enhancing the lips. Suitable for all age groups and treating lip filler clients.

Course Duration and Cost

4 Hours online guided learning (via video link), 1 day of practical and competency case studies.

Course Costs: £1,500.00 (1x free lip pigment) (alternatively £600.00 per stage).

Successful completion of all stages will result in certification.

Course Component

- Lip anatomy
- Colour pigments
- Needle selections
- Trolley Preparation
- Stretch
- Consultation
- Managing expectations
- Paperwork and legal requirements
- Photographs
- Contraindications
- Anaesthetic and regulation
- Aftercare

Practical

- Live demonstration
- Model
- 3 case studies (completed in your environment)

Entry Requirements

Successful completion of the 'Beginner semi-permanent eyebrow training' course.

Advanced Semi-permanent Eyeliner Smokey and Latino

Course Overview

Are you ready to take your spmu skills to the next level! Then learn how to create seamless, show-stopping eyeliner!

Course Duration and Cost

1 day

Course cost: £1,200.00

Course Components

Theory

- Health and Safety
- Contra-indications
- Consultation and client selection
- Managing client expectations
- Pigment selection and Implications of carbon
- Anaesthetic and Regulation
- Design
- Symmetry
- Needles
- Technique
- Speed
- Stretch
- Healing
- Aftercare
- Show-stopping photos

Practical

- Theory
- Live demonstrations
- Model

Entry Requirements

Evidence of basic training

3D Areola Reconstruction Medical Tattooing

Course Overview

Areola reconstruction is a beautiful and fulfilling treatment to perform and can change a patient's quality of life. Learn the art of creating realistic 3D areolas for patients who have experienced cancer, burns, surgical complications, uplift or gender reassignment.

Course Duration and Cost

4 hours of guided online learning (via video link with a tutor) and 1 day of practical

Course Cost: £1,200.00 (alternatively £700.00 each stage)

All aspects of the course are mandatory

Course Components

Theory

- Health and Safety
- Anatomy and physiology
- Understanding mastectomy, breast reconstruction and uplift
- Scars
- Consultation
- Contra-Indications
- Anaesthetics
- Patch Test
- Symmetry
- Pigments
- Colour selection
- Needles
- Techniques for creating 3D areolas and texture
- Healing
- Aftercare
- Follow-up

Practical

- Live Demonstration
- Model

Entry Requirements

Must be certified PMU Artist

1-to-1 training

Course Overview

Courses designed to your requirements

Course Duration and Cost

1 day in house £1,200.00 or the comfort of your salon (Travel expenses extra)

Course notes

1. Satisfactory completion of all aspects of each course are mandatory to achieve certification.
2. All payments are to be made two weeks in advance of each course/ module start date.
3. PLEASE NOTE: Anti-Wrinkle treatments are prescription-only medication, and you will require your clinical oversight to prescribe this for your clients.
4. Live online theory sessions will be carried out virtually with your tutor via Zoom